

Jakeman All Grade

At curriculum night this year, parents were informed of the School District's new Nutrition Policy and Tobacco Free Environment Policy. Excerpts were included in the September newsletter with teachers reminding students of the importance of living healthy. Educating students and parents has made a difference. Fewer people are smoking and many more of our students are bringing in healthy snacks and getting involved in physical activity. Through the TROY program (Tobacco Reduction Operation for Youth), Jakeman has also purchased a number of games and interactive activities which are available to the children daily.

The new fitness room is available to students. An Early Riser Fitness Club is held every Wednesday morning beginning at 7:15 A.M. The Fitness Room is also available to the students on a daily basis. The fitness room was officially opened during the Living Healthy Commotions in September with 21 students and 3 teachers showing up in the early morning to help with the kick off. A teacher on duty supervises the students while in the fitness room. The gymnasium is also available on a daily basis at recess (Grades 3 - 12) and lunch times for students in Grades 6 - 12. Many students avail of this opportunity. Jakeman also promotes healthy, active living in the community by offering two nights of fitness. The fitness room as well as the gymnasium is available on these nights for anyone who wishes to avail of this opportunity.